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## TRAIL GRADING

Rev 20230628

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(Trail Information and Grading are currently under review, and therefore this page's information might differ from the Program information)

Trails are graded with an Alpha Numeric value, e.g. ABC (6), where

*The First letter grades the Total Distance*

*The Second letter grades the Total Accent*

*The Third letter grades die Terrain Conditions*

The numeric value is a calculated value, between 0 and 17, that categorises the trails in the more general Easy, Average, Difficult, or Extreme groups.

0 - 3 = Easy

4 - 7 = Moderate

8 - 11 = Difficult

12 - 17 = Extreme

### Grading Criteria:

#### *Total Distance:*

*A - Less than 12km*

*B - Between 12 and 17.9km*

*C - Between 18 and 25km*

*D - More than 25km*

#### *Total Accent (Sum van all vertical sections):*

*A - Less than 300m*

*B - Between 300 and 749m*

*C - Between 750 and 1500m*

*D - More than 1500m*

**Terrain Conditions:**

*Is a technical evaluation that aims to indicate the conditions of the trail. It includes elements like trail gradient, loose sand, rock climbing, "bundu-bashing", "boulder hopping", narrow gorges, narrow ridges, narrow ledges, water crossings, compulsory swimming, etc.*

*A - Mainly very well maintained single -and jeep tracks, with no technical obstacles, and that can be completed without any technical skills;*

*B - Exposure to technical obstacles is for short sections (<20%) and/or easier type obstacles (e.g. gradient, sand), where minimal technical skills are required;*

*C - Exposure to technical obstacles is for longer sections (21 to 60%) and/or more difficult type obstacles (e.g. rock climbing, swimming), where much more technical skills are required;*

*D - Exposure to technical obstacles is for most part (>60%) of the trail, where the extensive duration and variety of obstacles, a very high demand of technical skill requires. Hikers should be very fit, strong in the upper body and without claustrophobia, fear of heights, etc. before they attempt these trails.*

*For Example:*

*A trail with a total distance of 15km, a total ascent of 740m and are mainly on a well-kept single track, with no obstacles, will be graded as BBA(6).*